

Healing Relationships After Death

Interactive Grief Workshop



October 3rd, 2019

5:30pm- 8:00 pm

Companion Hospice

8130 Florence Ave

Downey, CA 90240

Having unresolved issues with a person who has passed away can make grief more complicated. Pains from past disagreements or generally troubled relationships can feel like they'll never be resolved. The truth is, our relationships continue even after a person has died. This means we still have opportunities to heal those relationships. During this interactive workshop we explore the possibilities of healing relationships after the death of someone important to you.

Objectives:

- Understand common grief experiences and grief reactions.
- Discuss specific difficulties of unresolved issues.
- Identify opportunities for healing.
- Identify ways to intentionally participate in the relationship.

- * Free to participants!
- * Space is limited, sign up today
- * Light meal provided with registration between 5:30-6:00
- * Workshop Leader:
- * Jen Leong, M.A., CT
- * Jen has been a grief specialist & educator since 2003

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To RSVP, or for more information, please contact
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Register Online: www.socalhospicefoundation.org